



Data sheet

Cognizant: Your complete, confident path to CMS-0057-F compliance

CMS-0057-F represents one of the most significant regulatory shifts in payer interoperability and prior authorization modernization. Cognizant delivers an end-to-end pathway to meet and exceed these requirements—while laying a foundation for broader digital transformation.

Interoperability compliance: TriZetto Connected Interoperability Solution

Cognizant offers a hosted, scalable FHIR® environment that enables health plans to meet CMS-required API capabilities with speed and confidence.

Core capabilities:

- Patient access, provider access and payer-to-payer APIs delivered as a fully managed service
- Unified FHIR data orchestration across core, clinical, HIE and EMR sources
- Privacy and consent management via the TriZetto Interoperability Privacy & Consent Engine
- Real-time data exchange that extends beyond compliance to support broader digital initiatives

Outcome: Accelerated compliance, reduced IT burden and a flexible foundation for expanding interoperability and member-facing services.

Electronic prior authorization (ePA): TriZetto Payer Electronic Prior Authorization

Cognizant helps health plans satisfy CMS requirements for automated, standards-based prior authorization.

Core capabilities

- Coverage Requirements Discovery (CRD)
- Documentation Templates and Rules (DTR)
- Prior authorization support (PAS)
- Seamless integration across Facets®, QNXT™, CareAdvance®, agnostic connectivity to other applications
- Policy digitization tools and integration with leading industry guideline vendors that reduce friction and shorten decision times

Outcome: Compliance with CMS ePA expectations, improved turnaround times, fewer manual reviews and better provider alignment.

The Cognizant difference

Cognizant brings a combination few organizations can match.

- Fully integrated across the TriZetto® ecosystem: Including core administrative platforms, communication services, care management, interoperability tools and quality/HEDIS® engines—ensuring smoother data flow and better coordination across your enterprise
- Unmatched scale: 4.4 billion+ healthcare transactions annually across 11,000+ payer and trading partner connections
- Proven expertise: Supporting 200+ health plans and 200 million+ covered lives

Bottom line: Cognizant provides a single, trusted partner across compliance, automation and long-term modernization.



A quick look ahead: CMS-0057-F milestones

- 2025: Readiness assessments, privacy/consent preparation, workflow mapping
- 2026: Deploy interoperability APIs (patient access, provider access, payer-to-payer)
- 2027: Implement electronic prior authorization (CRD, DTR, PAS)
- 2028+: Expand into broader FHIR-based clinical data exchange, care gap workflows

Now is the time to prepare. Cognizant offers a structured CMS-0057-F readiness assessment and impact analysis designed to help plans understand:

- Current compliance gaps
- Required interoperability and data mapping work
- Prior authorization workflow modernization needs
- Privacy, consent and security alignment
- Implementation timelines, risks and resource considerations

Connect with us today to ensure your organization has a clear, actionable roadmap and the technology foundation needed to meet CMS deadlines with confidence.

Beyond compliance: The TriZetto Unify strategy

CMS-0057-F is the start—not the finish line. The TriZetto Unify strategy brings together Cognizant's interoperable platforms and digital capabilities into a cohesive model that helps plans move from compliance to strategic advantage.

Unify extends your capabilities to:

- End-to-end interoperability across administrative and clinical data
- Expanded prior authorization pathways and provider submission experiences
- Comprehensive care-gap enablement and quality data exchange
- Broader clinical data exchange supporting value-based care and operational automation

Outcome: A unified, future-ready platform that reduces administrative burden, improves provider collaboration, strengthens member engagement and positions payers for long-term success.

Achieve compliance with Cognizant

API gateway and management, authorization and authentication, FHIR translation, FHIR repository, consent management, admin portal capabilities, security, analytics, monitoring and reporting.

Compliance requirements	TriZetto Connected Interoperability Solution	TriZetto Payer Electronic Prior Authorization
Provider directory	✓	
Patient access	✓	
Provider access	✓	
Payer to payer	✓	
Coverage Requirements and Discovery (CRD)		✓
Documentation Templates and Rules (DTR)		✓
Prior authorization support		✓

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